



2002
november

Monthly Events

monday

tuesday

wednesday

thursday

friday



With warm wishes for a happy Thanksgiving
and a delightful holiday season.

1 ICR Rome
(0830-1700)

This transportation oriented field trip is open to all those who have attended an ICR classroom session.

4

5 Married to the Military
(0900-1230)

CAPPUCCINO AND...
(0900-1200)

A walking tour of the Golden Chapel, Annunziata Church, and San Francesco (outside only). Enjoy the historical beauty of our little town of Gaeta. Tour is free, but bring some change along for donation and cappuccino.

6

Burial Customs in Italy (1000-1200)
All Souls and All Saints Days have a lot to do with the custom that will be presented in this workshop. You'll be glad you went.

Free Internet at Home
(0900-1200)

DANTES Testing
(begins at 0800)

7

Resume Writing
(0900-1100)

This workshop offers an introduction to the various types of resumes. Participants will begin the resume writing process in class so bring a blank disk and your work and educational history with you. **Computer classroom will be closed from 0900-1100 only.**

8 Sponsorship Training
(1000-1100)

Checkbook Management
(1400-1500)

11

12 Anger/Stress Management
Learn techniques to help manage anger and stress. **Classroom # 1 (1400-1600)**

Mediterranean Diet (way of cooking)
(1100-1200)

13

Free Internet at Home
(0900-1200)

Area Orientation
(0800-1600)

Childbirth Preparation Class
(1300-1700)

DANTES Testing
(begins at 0800)

Windshield Tour
(1330-1530)

14

Intercultural Relations
This classroom session covers Italian language, history, culture, customs, and shopping. It prepares you to live in Italy.
(0830-1630)

15 ICR Rome
(0830-1700)

This transportation oriented field trip is open to all those who have attended an ICR classroom session.

18

19 Employment Opportunities in Gaeta
(1000-1100)

20

Smooth Move (0900-1200)
Learn about your moving allowances, household goods, utility closeouts, customs, and more.

Free Internet at Home
(0900-1200)

Italian Cooking Class
(0930-1330) Learn how to prepare delicious Italian recipes at the IPSSAR Cooking School in Gianola, Formia.

21 Financial Responsibility Training for Junior Sailors
(0800-1630)

22

Transition Assistance Program **Pre-Retirement TAP (0800-1600)** -- This pre-separation workshop covers Veteran's benefits and job search skills for your second career. Classes are open to all active duty and spouses. Computer classroom will be closed.

25

26 Employment Opportunities in Gaeta
(1000-1100)

27

Free Internet at Home
(0900-1200)

Area Orientation
(0800-1600)

DANTES Testing
(begins at 0800)

Windshield Tour
(1330-1530)



29

Gaeta Sunrise To sign up for classes call 0771-709818 or come to visit us!!

the
ffsc
team

Kathleen Brainerd
Director
Vacant
Deputy Director
EM1 (SW) Magtibay
Career Counselor/Financial Specialist

Gerri Carlon
Counselor
Matthew McGahran
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Lisa Montminy
Office Manager/I&R
Heidi Cramb
SEAP/Volunteer Specialist

Loan Conkle
Relocation Specialist
Eliana Candido
Receptionist
Marisa Di Nitto
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Tracey Ybarra
New Parent Support Nurse

